

致各校長：

由兒童事務委員主辦的『為孩子見「焦」拆招』網上講座，現正接受報名。講座旨在讓家長認識孩子在成長階段的心理健康問題及解決方法。現誠邀 貴校邀請家長參加。



**講座詳情如下：**

日期：2020 年 12 月 27 日（星期日）

時間：下午 2 時 30 分至 4 時（包括講座及問答環節）

地點：講座將以網上形式(ZOOM)進行

講者：兒童心理學家 趙珊瑚小姐

語言：粵語

對象：家長或任何關心兒童心理健康人士

費用：全免

有興趣參加人士，可瀏覽兒童事務委員會網頁了解詳情。

([https://www.coc.gov.hk/tc/detail\\_cmhealth.html](https://www.coc.gov.hk/tc/detail_cmhealth.html))

如有查詢，歡迎致電 (852) 6323 1342 或電郵至 [cocthemattalks@gmail.com](mailto:cocthemattalks@gmail.com)。謝謝。

兒童事務委員會秘書處謹啟

Dear Principals,

Organized by the Commission on Children (CoC), the **online seminar "Resolving Anxiety for Children"** is now open for registration. The seminar aims to promote understanding of the potential mental health issues of children in their growth and the corresponding solutions. We sincerely invite parents of your school to participate in this seminar.



Details of the seminar are as follows:

Date : 27 December 2020 (Sunday)  
Time : 2:30-4:00 pm (including seminar and Q&A session)  
Venue : Seminar will be conducted online (via ZOOM)  
Speaker : Chartered Psychologist, Miss Winnie Chiu  
Language : Cantonese  
Target Audience : Parents or anyone who cares about children's mental health  
Fee: Free

Interested parties please visit CoC's website for details.

([https://www.coc.gov.hk/en/detail\\_cmhealth.html](https://www.coc.gov.hk/en/detail_cmhealth.html))

For enquiries, please contact our hotline at (852) 6323 1342 or email to [cothematictalks@gmail.com](mailto:cothematictalks@gmail.com). Thank you.

Secretariat of Commission on Children