



各位文德家長、校友及文德人：

讀書破萬卷，下筆如有神。看著同學考試中奮筆疾書的身影，老師、家長都為你們驕傲不已。看到成績單的剎那，你們有何感想？喜不自勝還是抱罪懷瑕？對於取得理想成績的同學，我們欣賞你那份堅持不懈、持之以恆、水滴石穿的用心；對於面對挫敗的同學：業精於勤，荒於嬉。你怎麼處理失敗，決定你怎麼取得成功。

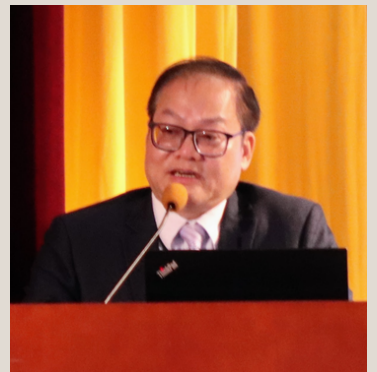
立志在堅不欲說，成功在久不在速。考試過後，文德人即將迎臨新學年，願你們以立意向上，以進入大學學府為志，堅定的力爭上游，為未來創出一條屬於自己的康莊大道。

聖文德書院啟

二零二四年三月二十日



力學如力耕，勤惰爾自知；但使書種多，會有歲稔時。



羅偉南校長：

教養孩童，使他走當行的道，就是到老他也不偏離。

(箴言22：6)

Start children off on the way they should go, and even when they are old they will not turn from it.
(Proverbs 22:6)

上學期考試

文德精英榜

班別	名次	學生姓名
1A	第一名	洪卓思
	第二名	戴穎喬
	第三名	雷茱茱
1B	第一名	黃裕康
	第二名	杜汶莉
	第三名	鍾芷晴
1C	第一名	馮洛迦
	第二名	曾梓筠
	第三名	梁沛賢
1D	第一名	游啟灝
	第二名	廖奕棋
	第三名	陳鈴櫻
2A	第一名	許瑋心
	第二名	杜駿耀
	第三名	蕭海晴
2B	第一名	李櫟鋆
	第二名	王苑盈
	第三名	余泳儕
2C	第一名	梁嘉朗
	第二名	賴卓源
	第三名	施敏怡
2D	第一名	蔡梓龍
	第二名	伍紫瑩
	第三名	羅善美
3A	第一名	陳卓言
	第二名	孔祥聞康
	第三名	鍾芷婷
3B	第一名	英子蘊
	第二名	殷浚霆
	第三名	原穎津

班別	名次	學生姓名
3C	第一名	蕭奕彤
	第二名	鄭晞穎
	第三名	趙傲柔
3D	第一名	江世仁
	第二名	張汶洛
	第三名	許凱喬
4A	第一名	黃鈺琳
	第二名	尹崇義
	第三名	陳永康
4B	第一名	方佳雨
	第二名	郭嘉誠
	第三名	畢嘉鎔
4C	第一名	周美詩
	第二名	呂卓洛
	第三名	莫子樂
4D	第一名	黎子琦
	第二名	陳景輝
	第三名	黃渭喬
5A	第一名	陳嘉盈
	第二名	何碧兒
	第三名	韋傑林
5B	第一名	黃栢澄
	第二名	鮑鎧瑤
	第三名	劉匡瑤
5C	第一名	姚溢桐
	第二名	陳芯榆
	第三名	陳卓偉
5D	第一名	黃廷智
	第二名	黃凱琳
	第三名	何詠芝

英文科三甲榜

Form	Rank	Name
1	1st	1A FUNG KWAN HO ANGUS
	2nd	1A HUNG CHEUK SZE
	3rd	1A TAI WING KIU KARENA
2	1st	2A TO CHUN YIU
	2nd	2A CHO MAN KIN
	3rd	2A MAK YAT LONG
3	1st	3A LEE YIK HUEN
	2nd	3A CHAN CHEUK YIN
	3rd	3A KWONG NGA YI
4	1st	4B WONG YIU LEONG
	2nd	4A FUNG TAK YIN
	3rd	4A CHAN HO HIM 4A NG CHUN YUI 4A WONG ON KIU
5	1st	5B PAUGH HOI YIU
	2nd	5B TANG SIU YIN 5B WONG PAK CHING
	3rd	5B CHAN TSZ CHING



Although the majority of people find it difficult to learn English, I believe it is actually quite simple. Obviously, studying relentlessly is one way to go about it, but personally, I believe that being alone will never result in possessing a high level of knowledge regarding the English language. It is not yet sufficient enough. However, not much more effort is actually required for it to be enough. In my case, I have only needed to implement two habits into my daily life to garner a greater level of knowledge, which I will be discussing next.

First of all, I regularly expose myself to English-related content. I consider this to be the most essential and indispensable habit that you must develop, as it will tremendously improve your comprehension if you consistently carry it out on a daily basis. I have been doing this for quite some time now and have developed some habits over the years, for example, reading English novels, watching English videos for entertainment, and turning on English subtitles when watching a TV show. All of these have helped me get used to the speech patterns of native English speakers, including commonly used phrases or words, resulting in a deeper understanding of the natural flow of English. This has greatly assisted me in swiftly comprehending passages during tests or exams, significantly increasing my chances of answering questions correctly.

Secondly, I communicate with English speakers from time to time. The reason for this is simple. Not only can they correct your mistakes, but it also helps familiarize yourself with forming correct and natural sentences. Although it is less important than exposure to English-related content, these two habits go hand in hand, as the former provides you with insight into the natural flow of English, and the latter allows you to actually utilize the newly found knowledge. I have made a few online friends who speak English, and we regularly text through social media platforms. When I first met them, my English was average, but they helped me immensely with my uncertainties, so I never feel afraid to ask people for help. It will benefit you greatly in the long term. Besides, I could also learn from how they text, or in other words, how they piece different words together, which has helped me with my writing.

And that is all I have done to transform myself into the person I am today. Thank you for taking the time to read this.

4B Wong Yiu Leong

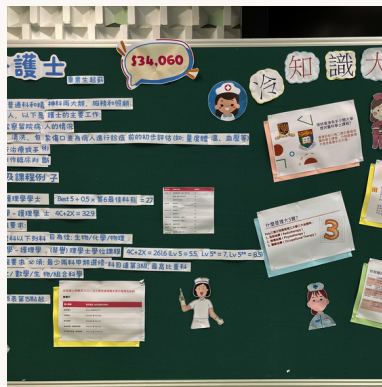
中文科三甲榜



班別	名次	學生姓名
中一	第一名	1C 林文華
	第二名	1B 黃裕康
	第三名	1C 梁沛賢 1D 葉穎澄
中二	第一名	2D 伍紫瑩
	第二名	2A 許瑋心 2C 李嘉榆 2D 羅善美
	第三名	2D 陳銘斯
中三	第一名	3A 孔祥聞康
	第二名	3A 黃嘉晴 3B 殷浚霆 3D 許凱喬
	第三名	3A 陳柏曦
中四	第一名	4B 方佳雨
	第二名	4A 黃鈺琳
	第三名	4A 王靖堯
中五	第一名	5A 陳嘉盈
	第二名	5D 梁愉晞
	第三名	5A 陳慧璇 5A 何碧兒

為之事行不言之隨是以聖人處無
 生而不有去為教萬物作而不
 夫唯不居是以不而不恃功成不居
 道名可名非常老子道可道非常
 月名萬物之母常名無名天地之始
 有欲以觀其微此無欲以觀其妙常

大家好，我是來自中四年級乙班的方佳雨，很榮幸能在此分
 享我學習中文的體會。恰巧我最近學習的一篇範文《勸學》
 中，概述的學習的態度，就體現了鑽研中文必不可少的要
 素。就比如文中提及積少成多的學習態度，正所謂：「不積
 跬步，無以至千里；不積小流，無以成江海」。這點我深有
 感觸，我認為學習中文跟其他學科是大相逕庭的，不是能夠
 一朝一夕就速成，往往要通過日常的閱讀，積累足夠的好詞
 和佳句，才能練就一手優美的文筆，更要藉此閱覽更多不俗
 的題材，以此令自己的文章情節不落俗套。



行業介紹展 --醫療行業

WORK

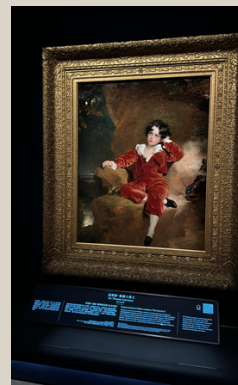
隨著健康意識的提高及人口老化等因素，社會對各類的醫護人材需求殷切。有見及此，本校生涯規劃組最近舉辦醫療行業展覽，並以互動攤位的形式，讓全校同學及早認識各類醫護專才的工作內容、職場發展、相關大學課程及收生要求等等，務求使其盡早認識自我，訂立目標，未雨綢繆。

當日，同學非常投入參與攤位，反應熱烈，為自己學業或職業抱負許下承諾，向著標桿奮鬥。



參觀故宮博物館

中文週--參觀故宮博物院。同學以翹首跂踵的心態學習傳統中華文化，博聞強志、博古精今。



我懷著期待的心情與同學和老師們一起坐車到香港故宮文化博物館。我們到達了之後，一到門口，就看到一個外觀像正方形的建築物。全館有九個展廳，分佈於七層之間。經過嚴密的安檢之後，我們就到了一號展廳-紫禁萬象，這個展廳主要是說故宮的文化廣續傳承，繼往開來。接著我們到了2號展廳--紫禁一日：清代宮廷生活，這個展廳展示了宮廷裡的人們的生活細節，帶領了我們走進紫禁城。這次參觀讓我獲益良多，認識了許多中華文化，加強了對中華文化的認識，感受到了中華文化藝術之美。

校園剪影

學校輔導組老師為中四級修讀三個選修科以及M2的同學舉辦「正向心理學--品格強項的工作坊」。當中社工陳姑娘帶領全體同學進行遊戲活動，協助同學放下生活上各式各樣的憂慮，給予玩樂時間，暫時紓解及釋放壓力。

陳姑娘引領同學分組，活動要利用膠杯進行FLIP CUP的小型比賽，每組需要鬥快完成比賽，完結後便要為組內成員圈出性格強項。

活動能夠促進同學之間融洽及和諧相處，加深同組同學的了解，培養學生待人接物、社交或溝通技巧，增進人際關係。除此之外，我們更透過比賽培養團體精神，又能因應別人截然不同的強項，汲取別人長處，反思自己不足並互相欣賞與學習。

我非常感謝校長，輔導組老師及陳姑娘的悉心指導和鼓勵，精心準備本次活動，加深同學對自我的認識；亦同時令我意識到每個人擁有的性格特質能互補其他同學的不足，原來每個人都是獨一無二的。

4A 黃安翹



正向心理學-品格強項工作坊



當子女機不離手--家長小組

輔導組於三月舉行四節「當子女機不離手」家長小組，家校合作教好同學。

校園剪影

正向積極的校園氣氛



最近，校內增設了一部「夾公仔機」，同學對其出現都表現得十分好奇。開幕典禮已於15/3中午假西面有蓋操場舉行。當日場面壯觀，由校長、副校長們進行簡單而隆重的剪綵儀式，並由老師、各班代表、學生會代表及四社代表大展夾公仔身手，氣氛非常熱鬧。

夾公仔機將於復活節假期後正式運作，同學只要在學術上(如 Subject Top, Overall Top, My Smart ABC 等等)或非學術上(如服務、校內外比賽、品德良好或行為明顯改善等等)有優異表現，就可使用獲老師給予獎勵的金幣，於開放時間進行夾公仔的活動。

校園剪影



黃大仙警區舉辦《燃亮青少年領袖訓練計劃PROJECT LIGHT》活動，以培育青少年貢獻社會。計劃由黃大仙區內學校推薦學生參與，參與學生需接受不同訓練，藉以培養他們的領導才能、誠信、自我增值、共融及堅毅能力，讓他們日後成為出色的小領袖。

最後，我們領袖生在出色的表現下奪得「團體冠軍」，部分成員更獲得「傑出領袖獎」。

在Project Light 的活動中，獲取到佳績其實真是超乎我的預期。我認為可以獲獎全賴隊友之間富有默契的溝通和合作，要知道只憑一個人的能力是無法做到的。同時，在是次的活動中我相信大家也獲益良多，不但可以發揮同學的動手能力，更可以通過協作大橋比賽培養和激發同學的領袖和想像力。

總的來說，這真是個難忘的體驗與回憶！

5A 何碧兒

獲獎喜訊



本校中五學生謝宇桐，參加了全港性的「向歧視說不」面具設計比賽，喜獲優異獎。

是次比賽讓更多人了解到愛滋病患者的困境和需要，進而改變對他們的看法。透過面具繪製，我希望向社會大眾傳達愛滋病患者應被平等對待，並不應該受到任何形式的歧視和污名化。我們應以包容的心態，給愛滋病患者更多的支持和關愛，讓他們能夠得到應有的尊重和權利。我亦希望可以透過是次主題的作品，為建立一個沒有歧視和偏見的社會出一分力。

5D 謝宇桐

獲獎喜訊

合唱團勇奪校際合唱節銀獎

合唱團於2月參加2024香港校際合唱節比賽暨大師班，並獲得銀獎獎項。



我非常感恩能獲得這出乎意料的成績。首先，我要衷心感謝校長的照料，校長願意為學生建立優質的學習環境及教育，提供大量資源，令學生除了讀書，更能培養音樂天分，給予我們千載難逢的機會作出嘗試和發展空間。校長的無私奉獻，悉心栽培促進學生不停進步。

其次，擁有此意想不到的收穫當然要感謝負責老師--張惠琪老師的帶領，她願意投放大量心機及時間與合唱團成員練習，耐心照顧及教導成員，互相支持和鼓勵，令我們於比賽上能展現自己，給予大家動力。希望合唱團能堅持不懈，持之以恆，再超越自我，取得更卓越的成就，為學校爭光。

4A 黃安翹

It is the first time for our School Choir to participate in the HONG KONG INTER-SCHOOL CHORAL FESTIVAL COMPETITION CUM MASTERCLASS since COVID-19. Out of our expectation, we got the silver award. It was surprising news to hear that. Here, we would like to say thanks to the organizer, HKICF, that gave us the opportunity and occasion to participate in it, and share our songs. Second gratitude is to the adjudicators who gave us the marks and award, guided us the skills for singing and also brought the harmony and jovial atmosphere to let us enjoy singing. Moreover, Mr Sander Lau helped us a lot before the competition. He kept encouraging us and taught us numerous skills.

Furthermore, we would like to express our sincere gratitude to our principal, Mr Law, who gave us a lot of support and boost our confidence. We also want to express our gratitude to Ms Cheung who is our conductor. She put in a lot of effort during our daily training. She accompanied us to join the competition and encouraged us. Thanks should be extended to our student pianist, Lui Cheuk Lok.

Finally, the greatest gratitude is to ourselves--our choir members, including the members of soprano, alto, tenor and bass. Thanks for our choice, our effort and our persistence. I still remember the moment we made up our minds to attempt to join the competition. Now, we have shown that our choice is right and show how we can do it.

Dear schoolmates, why don't you attempt something you would like to try?

Believe in yourself and go for it right now!

3A CHEUNG Man Ting



獲獎喜訊

Red Cross Team

- Outstanding Humanity Campus Award District Champion (Wong Tai Sin)
- Divisional Headquarters 2nd Runner-up (East Kowloon Divisional Headquarters)
- Training Shield - Divisional Headquarters Champion (East Kowloon Divisional Headquarters)



A few months ago, we received several awards. This recognition has motivated our members to engage in a wider range of activities organised by the Red Cross Team. With the awards, we are determined to continue to make improvement. Thank you.

I am immensely grateful to my fellow Red Cross members for their unwavering support and belief in our collective abilities. These achievements are the result of our strong teamwork, fueled by our passion and hard work. I would like to express my heartfelt appreciation to our principal and teachers for their invaluable support. The awards we have won will forever serve as a guiding light, inspiring us to continue moving forward and making valuable contributions to our community. Whether it's one year, five years, or even forever from now, these accolades will serve as a constant reminder of the importance of teamwork and the positive impact we can create together.

4A Ying Ka Wa



獲獎喜訊

交通安全隊--

香港交通安全隊（東九龍總區）周年檢閱禮 2024步操比賽（中學組）季軍



2024年2月4日，交安參加了香港交通安全隊（東九龍總區）周年檢閱禮 2024步操比賽。在這次的比賽中，十分感激隊員多天以來參與刻苦的訓練，令我們奪獎。我在此再次感謝你們的付出。

5 D 莫美妍

獲獎喜訊

尤德爵士紀念基金高中學生獎

SIR EDWARD YOUDE MEMORIAL FUND

6A HO CHUN KIT

Hello, I am Charlie. It is my great pleasure to receive the Sir Edward Youde Memorial Fund. First and foremost, I would like to express my sincere gratitude to all the teachers who are currently teaching or have taught me throughout my entire secondary school life. Without their teaching and support, I believe I could not have won this prize. They not only sparked my interest and passion for every subject I studied, but also provided me with support and care when I faced hurdles, whether the problems were about learning or peers. They used their lifelong experience to help me overcome the predicaments.

My secondary school life has not been smooth. I have actually faced an array of obstacles and challenges, especially during the pandemic period. Countless hours were wasted. I was unable to enjoy a spectacular school life and acquire diverse knowledge. After those difficult times, I cherished every opportunity to participate in various activities, ranging from working for the Bona TV to serving as the MC for numerous events. These experiences are precious and valuable. My secondary school life is painted with vibrant colors and filled with bliss.



獲獎喜訊

尤德爵士紀念基金高中學生獎

SIR EDWARD YOUDE MEMORIAL FUND

6A LO ON MEI



I feel honored and surprised to receive the Sir Edward Youde Memorial Fund Awards as I did not expect I could. I am really grateful that this scholarship is offered to students. I am also thankful that the school has given me this chance. This scholarship motivates me to work harder, be persistent and nurtures my 'never give up' spirit.

I have always doubted myself and lacked confidence in my abilities. I often think that I cannot accomplish certain things. Thanks to this scholarship, my efforts are being recognized, and I am truly proud of myself. I now understand that my hard work will ultimately pay off. With a growing belief in myself, I am becoming more and more confident.

I pledge to work as hard as I can in the future. I will definitely make the most of this scholarship and not waste this precious opportunity. I am extremely grateful to receive the Sir Edward Youde Memorial Fund Awards scholarship. I will strive to uphold the values.

@聖文德書院

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